

Kendal Club Site – Hay Fell's twin peaks

Camping and Caravanning



Route Summary



A lovely afternoon walk or evening stroll along the River Mint and up on to the twin summits of Hay Fell, offering surprising panoramas of the Lakeland fells and Yorkshire Dales and out across Morecambe Bay.

Route Overview



Category: Walking

Length: 7.900 km / 4.94 mi

Last Modified: 21st September 2017

Difficulty: Medium

Rating: Unrated

Surface: Moderate

Date Published: 19th June 2017

Description



The unassuming little hill of Hay Fell rises up behind the Kendal Club Site to offer spectacular panoramic views over the Lakes and the Dales.



Distance: 4.9 miles/7.7 km

Time: 2 ½ - 3 hours

Terrain: Quiet lanes, field paths, some trackless access land where footpaths are faint. Over 1,000ft of ascent.

1. Leave the site by its top gate then go left through a kissing gate to follow a path over two fields, then head through a metal gate to join the lane. Go right along the lane for 300m, crossing the bridge on the right and continuing along the road beside the river. Continue for 500m, climbing steeply then following the road round to the right to cross the railway and admiring views up to the central fells to the north.
2. Continue left along the main road for 150 m, taking the footpath on the right through the gate and climbing steadily past a barn on a gravel track, then on an increasingly faint grassy path through the hummocks to a narrow gate in a dry stone wall.

3. Jink left for a few yards to pick up a faint path continuing to climb south east up a shallow gully past hawthorn trees to a padlocked gate on the edge of access land.

4. Cross the stile and take the right-hand path skirting the steep knoll ahead of you. Follow this path up the right-hand summit where you'll find a trig point and expansive views out over Kendal, up to the Lakeland fells and out across Morecambe bay to the west. To the south are the more rounded Howgill Fells in Yorkshire.



5. From the trig point, yomp east across the shallow divide to the slightly lower summit of Benson Knott – marked by a cairn. Leave the summit heading north on a grass track and return to the stile on the edge of the access land. Recross the stile and continue descending beside the wall along the edge of woodland to the metal gate beside a brook.

6. Go through the gate and descend for another 150m then, at a solitary Scots Pine beside the brook, contour round left, go over a stile in the dry stone wall and through a gate just below the barn passed on the ascent, following the track back on to the main road.



7. Turn left and continue with caution to the bridge, taking the quiet lane on the right and retracing your steps from earlier down through the woods, over the bridge, along the lane and taking the footpath on the left back through the fields to the Club Site gate.

Waypoints

