

Leg 3 - Brentons - St Austell to Bude

Length: 49 miles

Time to allow for cycling: 6 hours 15 minutes



- 1 At the main entrance to the campsite, turn right and continue straight ahead for just under 1 mile, cycling through the village of Ruthvoes until you reach an intersection. Turn right and continue for 600 metres, until you reach a left turn on a sharp right-hand bend. Turn left here down a narrow lane.
- 2 Follow this narrow lane for approximately 0.8 miles, until you reach a cross roads. Go straight over here, following the signpost for Killaworgey.
- 3 Cycle underneath the A39 road bridge and past the Killiworgie Riding Stables on your right. After 700 metres, turn right and follow this road for 900 metres, until you reach the next junction. Turn right here, following the signpost to Trebudannon, cycle route 32.
- 4 Follow the road into Trekenning, and just after crossing a weak bridge, turn left towards Trekenning Farm following a blue signpost highlighting St Columb Major. The road will change into an off-road track, crossing over the A3059. You will shortly emerge onto Trekenning Road.
- 5 Follow the road for 500 metres to the give way sign, turning right and immediately left onto Fair Street – signpost St Mawgan and St Eval. Continue along the road past shops and another give way (the war memorial will be on your left). Turn left here into Bank Street, following the road for just over 150 metres, then take a sharp left turn into Bridge Hill.



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- 6** After 0.5 miles you will reach Trewan campsite situated on your right. Continue straight ahead until you reach a right turn, signposted for Padstow, and indicated by a blue cycle route sign.
- 7** Continue along this road for a few miles, passing through the village of Rumford, until you come to the end of the road where you need to turn right.
- 8** Stay on this road until you reach the end and turn left, indicated by a blue cycle route sign. Follow this road until you reach Padstow. Keep on the main road through Padstow until you reach a road to the right, signposted to The Camel Trail.
- 9** Follow this road around the bend and then turn right into Dennis Road. A short way down this road turn left into Treverbyn Road and keep on this road until you reach the end. At the end of the road turn left, indicated by a blue cycle route sign.
- 10** Follow this road until you reach a cycle path. Follow this to the right along the coast, until you reach The Camel Trail.
- 11** At the end of the Camel Trail you will reach a roundabout where you need to turn left into Eddystone Road, indicated by a blue cycle route sign.
- 12** Keep on the this road, crossing the first roundabout you come to until you reach a large roundabout opposite Wadebridge Medical Centre, where you need to turn left into Jubilee Road.
- 13** From Jubilee Road take the second road on the right, Southern Way. Stay on this road as it merges into Guineaport Road.
- 14** Towards the end of Guineaport Road, pick up the sign posted Camel Trail again.
- 15** Stay on this trail, following the dismantled railway until you reach the end. As you leave the Camel Trail, turn left onto the road, cross the small bridge and turn right into the next road.
- 16** Stay on this road, following the signs for Cycle Route 3, passing through the villages of Newhaven and St Breward, until you reach a ford.
- 17** Pass through the ford and where the road forks, take the road on the right. When you reach the cross roads pass straight over, signposted to Davidstow.
- 18** Continue along this road, passing the reservoir and Davidstow woods until you reach a cross roads. Turn right at the cross roads, signposted cycle route 3.
- 19** Stay on this road, passing the airfield until you reach a cross roads where you need to turn left, signposted Davidstow and marked as cycle route 3.



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- 20** After a while you will come to a road on the right, signposted to Hallsworthy and again marked as cycle route 3. Take this road and follow it, crossing a small bridge over a stream, until you reach a signpost for a cycle route 3 cycle path that takes you around the A395.
- 21** Take the cycle path, which will bring you out onto a road. Cross this road and then turn right back onto the main road.
- 22** Take the next road on the left, signposted as a cycle route, past the cattle market. Stay on this road until you reach a road on the left signposted Jacobstow, Otterham and Trelash. Turn left here and then immediate left onto the main road.
- 23** A short way down this road, take the road on the right indicated by a blue cycle route sign and signposted to Trelash. Continue through Trelash, crossing straight over at the cross roads and through Greater and Lower Trevillian, until you reach a road on the right signposted Jacobstow and indicated by a blue cycle route sign.
- 24** At the end of this road, turn left opposite the church, signposted to Wainhouse Corner and indicated by a blue cycle route sign.
- 25** Follow this road until you reach a cross roads next to The Old Wainhouse Inn, where you need to turn left, signposted Wadebridge.
- 26** Follow this road for a short while until you come to Bude Camping and Caravanning Club site on your right hand side.

