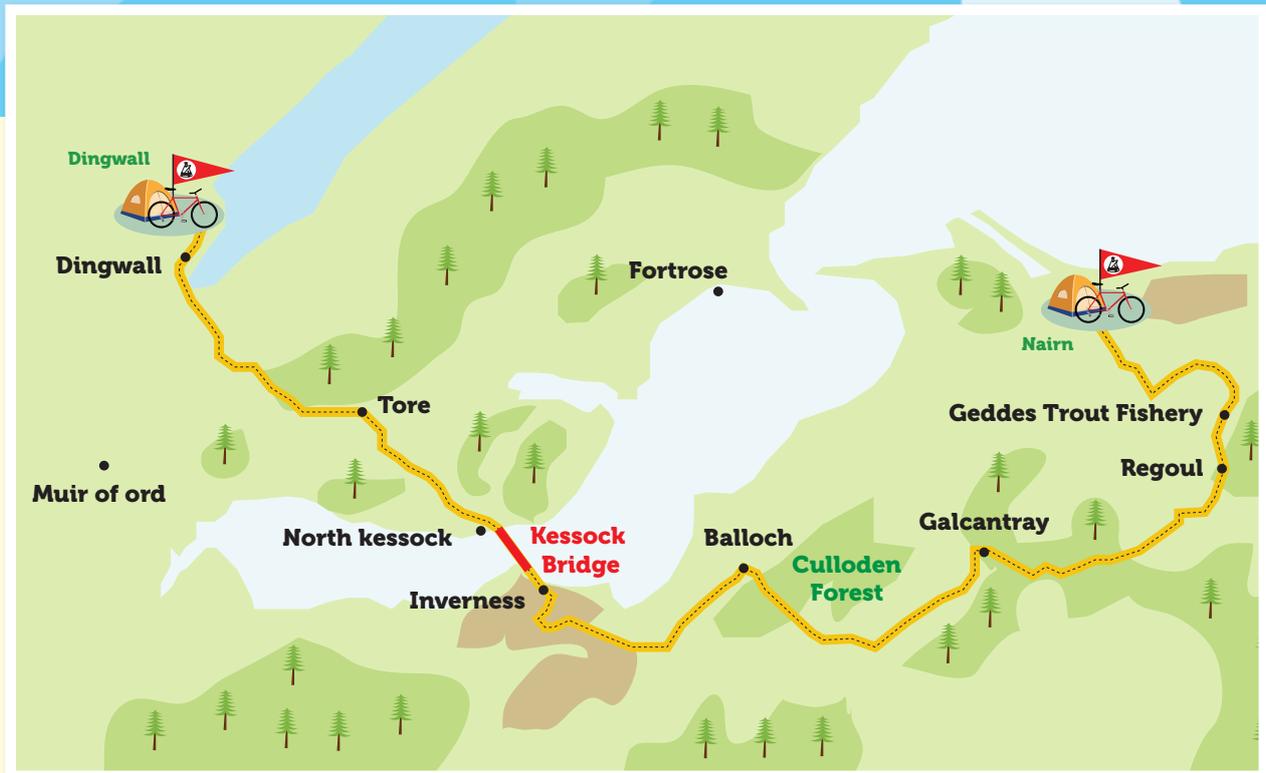


Leg 2 – Nairn to Dingwall

Length: 36 miles

Time to allow for cycling: 4 hours 30 minutes



- 1 Come out of the campsite at Nairn and turn left, passing over the railway bridge and continuing for approximately one and a half miles until you reach a t-junction.
- 2 Turn right here; following the road around the bend and continuing for just under a mile and a half until you reach another t-junction where you need to turn right.
- 3 Continue a short way down this road, crossing over the bridge, and then take the left turn just after the bridge. Follow this road a few hundred metres until you reach the end, where you need to turn right.
- 4 Stay on this road, through the woodland, until you reach another t-junction where you need to turn right (indicated by a blue route 1 cycle sign). Then turn immediate left, again indicated by a blue route 1 cycle sign.
- 5 Stay on this road, past Geddes Trout Fishery (day passes and rod hire are available if you have the time), and on through the woodland and the hamlet of Regoul. Keep on this road with the woodland on your left, until you reach the end of the road, where you need to turn right at the triangular junction.
- 6 Follow this road for around half a mile until you reach a cross roads where you need to turn left, indicated by a blue cycle route 1 sign. After 250 metres you will reach a crossroads, where you need to go straight on.
- 7 Follow the narrow lane for just under a mile until you reach the end of the road, where you need to turn left (signposted to Croy and indicated by a blue cycle route 1 sign).



Leg 2 – Nairn to Dingwall

- 8** Keep on this tree-lined path for one and a half miles, crossing Glengeoullie Bridge over a small stream, until you reach the end of the road, where you need turn left (sign posted to Croy).
- 9** Follow the cycle route 1 signs along this road for just over 2.5 miles, past Rehiran Bed and Breakfast on your left, crossing the bridge over the river and past Barevan School House on your right, until you reach a crossroads. At this crossroads turn left, sign posted to Craggie and Galcantray.
- 10** Continue on this road for just over 4 miles, passing through Galcantray, Cantraydoune Cottage and Croygorston until you reach a road on the right, just after a 'weak bridge' sign, and indicated by a blue cycle route 1 sign post.
- 11** Take this road and follow it for around 1.5 miles, passing under Nairn Viaduct and over a weak bridge over the River Nairn, until you reach a crossroads near a row of white cottages.
- 12** Go straight over at the crossroads and continue on the road for a few hundred metres until you reach another crossroads, alongside Culloden Moor Inn, where you need to go straight over again.
- 13** Follow this road for just over 1.5 miles, through Culloden Forest and into Balloch. Continue on past the Scottish School of Forestry, under the bridge and straight over at the three mini roundabouts until you reach Cherry Park on your left hand side (opposite the co-op).
- 14** Turn into Cherry Park and follow the road for about 300 metres before taking a bend to the right (there is a stone cottage on the corner) and reaching a crossroads. Turn left here, using the path provided.
- 15** Stay on this path for just over half a mile until you reach the traffic lights, where you need to cross the road and take the cycle path in front of you (there is a cycle path to your left at the traffic lights as well, but you need the one to the right).
- 16** Follow this path for a few hundred metres until you reach a crossroads, where you need to turn left (if you look to your right you will see the Culloden House Hotel).
- 17** Just after turning into this road you will see a cycle path on your right; take this cycle path and follow it for around half a mile, passing under Barn Church Road and crossing over Tower Road until you reach the end of the path and a cross roads within the housing estate with a dead-end in front of you; turn right here.
- 18** Follow this road for 100 metres or so until you reach a T Junction where you need to turn left and then left again, following the blue cycle route sign to Inverness North.
- 19** Follow this road for around 600 metres until it bend round the left, where you need to take the road on the right (Caulfield Road North).
- 20** Follow this road for just under half a mile, past Ashton Farm and under the railway bridge, until the road forks; where you need to turn right (indicated by a blue cycle route sign).
- 21** Stay on this road for around 450 metres, until you come to a pathway on your left just after Cradlehall Farm Drive.



Leg 2 – Nairn to Dingwall

- 22** Stay on this path for around 300 metres, until you come to the end of the road. Cross over to the other side and then follow Castlehill Road to the right. Keep on this road until you reach the main road opposite the vets, where you need to turn right (remaining on the cycle path).
- 23** Keep on this path, travelling over the top of the A9, until you reach the roundabout where you need to go straight over onto Old Perth Road (signposted Culcabock), keeping on the cycle path.
- 24** Stay on this path for about 500 metres until you come to another roundabout, where you need to turn left going past the Fluke Inn.
- 25** Keep on this road, using the cycle path provided for approximately 500 metres until you reach Kingsmill Gardens on your left hand side. Cross to the opposite side of the road here and take the indicated cycle path through the railings and into Diriebught Road.
- 26** Follow Diriebught Road for around 500 metres, cycling alongside the small stream until you come to a triangular junction, where you need to turn left into Midmills Road.
- 27** After about 200 metres, turn right into Crown Drive. Follow this road until you reach the end of the road, with the Lorne House B&B on the right. Turn right here and follow the road until you come to a mini roundabout, where you need to turn right.
- 28** Follow the road down, past a car park on your right, until you reach the traffic lights where you need to turn left through the shops, past Eastgate Shopping centre, until you reach the crossroads where you need to turn right, keeping the river on your left.
- 29** Follow this road for around 350 metres, past the suspension bridge, until you reach a road on the left, which is no entry for cars (Douglas Row). Take this road for a few hundred metres until you come to a route 1 cycle path, sign posted Kessock Bridge North.
- 30** Follow this path alongside the river, passing under the road bridge, all the way to the end, when you will see Waterloo Bridge to your left. Take the road straight ahead, indicated as a no-through road. When you reach the end of the road turn left into Shore Street.
- 31** Pass under the railway bridge and going straight over at the traffic lights, then continuing along this road for $\frac{3}{4}$ of a mile, passing Inverness Harbour Office on your left and Halo Hair and Beauty on your right. Just after passing Halo Hair and Beauty take the first road on the right, indicated by a blue cycle route sign.
- 32** After around 50 metres you will see a road on your left; take this road and follow it for around 400 metres until you reach the end of the road, where you need to turn right. About 50 metres down this road you need to take the sign posted cycle path to your left.
- 33** Follow this cycle path as it brings you out alongside the A9, where you need to turn left. Stay on the cycle path along the A9 as you cross the Kessock Bridge. After crossing the bridge continue on the path along the A9 for just over a mile until the road bends around to the left.



Leg 2 – Nairn to Dingwall

- 34** Follow the bend around and you will see a crossing; take this over to the other side of the road and continue along the path, going under the A9 and coming out again alongside the A9 but on the other side of the road. When you rejoin the road, turn right to continue in the direction you were originally travelling.
- 35** Continue along the A9 for approximately 600 metres until you see a cycle path down to your right, indicated by a cycle route sign post. Follow the path down to the road below and turn left, signposted to Tore.
- 36** Follow this road for just over half a mile until you reach a t-junction, where you need to turn right. After approximately 100 metres take the road on the left, sign posted Tore.
- 37** Follow this road for about 2 and a half miles passing Redfield lodge on your right, until you reach a t-junction where you need to turn left (sign posted Dingwall on a blue cycle route sign).
- 38** Follow this road for approximately 200 metres and join the path just before you reach the roundabout. Follow the cycle path up to the first road and cross over, and then follow the cycle path into the houses, sign posted by a blue cycle route sign to Dingwall.
- 39** Follow this path for about 350 metres until you reach a blue cycle route sign directing you left, back out onto the road. Continue in the same direction, using the cycle path alongside the road.
- 40** Continue along the path for just over 2 and a half miles, leaving Tore and passing a road to your left signposting Kilcoy, a signpost for Monadh Mor, and a road on your left to Wellhouse, until you reach a road on your right, signposted to Easter Kinkell and Culbokie and indicated by a blue cycle route sign.
- 41** About 150 metres up this road, turn left indicated by a blue cycle route sign and signposted to Tomgorm. Follow this road for just over a mile. About $\frac{3}{4}$ of the way along you will become aware of the A835 above you to your left. When you reach the end of the road turn left, signposted to the A835 and indicated by a blue cycle route sign to Dingwall.
- 42** On the opposite side of the road you will see a cycle path, cross over to join this and then follow it round to the right and alongside the A835. Follow this path for about half a mile until you reach a bridge over the River Conon. Cross the bridge and continue for another 600 metres until you reach a roundabout.
- 43** At the roundabout follow the path round to the right, and then continue to follow the road. Stay on the road into Dingwall for just over a mile until the road bends round to the right into a one way street (a sign on the road says no right turn).
- 44** Remain on the path and turn right here, following the road past Dingwall Train Station to the end of Station Road. At the end of the road turn right next to the War Memorial into Ferry Road.
- 45** Follow this road for about 100 metres, and then turn left into Jubilee Road, just after crossing the railway bridge.
- 46** Cycle past Ross County Football Club and you will find the campsite just after on your right hand side.

